

# 2015

ARCHDIOCESAN PRESBYTERS COUNCIL

NATIONAL  
CLERGY  
RETREAT

WELL  
WELL  
REAL  
REAL  
LOVE  
LOVE



*“Brothers it is good  
for us to be together.  
Don’t think you are  
alone. We are all in  
this together and we  
need each other with  
Christ at the helm.”*

— 2013 RETREAT PARTICIPANT



[apc.goarch.org](http://apc.goarch.org)

NOVEMBER 3-6, 2015 • PARADISE POINT • SAN DIEGO, CA

# BE WELL REAL LOVE

## HIS EMINENCE ARCHBISHOP DEMETRIOS

Archbishop Demetrios was enthroned on September 18, 1999 at the Archdiocesan Cathedral of the Holy Trinity in New York City. As Archbishop of America, Exarch of the Ecumenical Patriarchate, and head of the Eparchial Synod of the Archdiocese, His Eminence has traveled extensively in his work as archpastor and shepherd. Known to many of our clergy through those travels as well as a beloved professor of Old Testament at Holy Cross, His Eminence will host the unique "Archbishop's Welcome Reception" on Tuesday.



## SPEAKERS



**DR. TRENT ORFANOS**



**HIS GRACE BISHOP GREGORY OF NYSSA**

**DR. TRENT ORFANOS** Dr. Orfanos is a board-certified cardiologist in Crown Point, Indiana and actively practicing Greek Orthodox Christian. He received his medical degree from Indiana University School of Medicine and has been in practice for 38 years. He specializes in Wholistic and Integrative Medicine and was recently certified by the American Board of Integrative Medicine. He cares deeply about the health and wellness of the clergy of our Church and is enthusiastic about the opportunity to help our clergy "Be Well."

**HIS GRACE BISHOP GREGORY OF NYSSA** His Grace is the Primate of the American Carpatho-Russian Orthodox Diocese of the USA. Prior to ordination he worked for more than 20 years in the field of Cardiovascular Research, authoring hundreds of articles and writings. His life of service to the Church includes being an Acolyte, Sunday School teacher, Parish Council President and Orthodox missionary. He was tonsured a monk at the Monastery of Agia Lavra in Kalavryta, Greece, then ordained to the priesthood and episcopacy in America. He has experienced the realities of life and ministry on many levels and actively embraces the opportunity to help us all "Be Real" about ourselves and our lives.



Divine Liturgy at the 2013 Retreat

## "Growing in true wellness, integrity and love as men of God"

Priesthood is not just about what we **DO**, but what we **ARE**. And in order to **BE** who we should, we need to better connect with our self, with Christ, and in Him with those around us.

Our "**BE WELL**" Encounter will help us focus on how to integrate our entire being into a wellness stewardship that empowers everything we do. The "**BE REAL**" Encounter will challenge us

to examine our personal and priestly integrity so we can be both "**WHOLE**" and "**REAL**" in all we do. And the "**BE LOVE**" Encounter will offer personal examples of

love experienced in the ministries and lives of our brother clergy so we may all more fully embrace our calling to be true models of **LOVE** to those around us. **BE THERE!**

## Encounters & Engagements

"The 2015 speakers have been specially selected not just to **INform** you but to **TRANSform** you, so we don't do lectures; we have "**Encounters**." And forget about "discussion groups"; come ready for active "**Engagements**" following each session. Our specifically recruited and trained "**Energizers**" will keep participation active, so plan on rolling up your sleeves and engaging.

# Adventures

Register today at [apc.goarch.org/retreat](http://apc.goarch.org/retreat)

## USS Midway Tour

The USS Midway was the longest-serving U.S. Navy carrier of the 20th century and largest ship in the world from 1945 to 1955, carrying more than 4,000 people. Tour the ship, see more than 25 aircraft on display and enjoy the, “#1 attraction in San Diego.”

## San Diego Charter Fishing

Enjoy a half-day of sport fishing and a good view of the California coastline on the Seawatch private charter boat. Fish for Rockfish, Lingcod, Sculpin and Sheephead. License and equipment are included, and the professional crew will be there to instruct first-timers and give pointers to seasoned anglers.

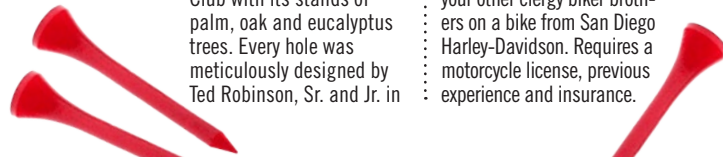
## Paradise Point Marina Sports

Paradise Point is well-known for its private, full-service marina, located on the shimmering waters of San Diego's Mission Bay. Enjoy aquatic activities such as sailing, motor boating and kayaking. Instructions and safety equipment are available for all activities. For an additional fee, rent bicycles or surreys (Additional fees involved).



## Paradise Point activities

Enjoy the many activities and relaxing options at Paradise Point, including five pools, sandy beaches or complimentary basketball, tennis, croquet, bocce ball, or volleyball. Also, for an additional fee, bicycles or surreys for pleasant rides around the beautiful grounds.



### GOLF

Golf Digest named San Diego one of the Top 50 golf destinations in the world. So tee off and take in the beautiful surroundings of the Riverwalk Golf Club with its stands of palm, oak and eucalyptus trees. Every hole was meticulously designed by Ted Robinson, Sr. and Jr. in

the old style, leaving the terrain completely natural. (ADDITIONAL FEES)

### HARLEY RIDING

Cruise along the picturesque California open roads with your other clergy biker brothers on a bike from San Diego Harley-Davidson. Requires a motorcycle license, previous experience and insurance.

## Schedule

### Tuesday, November 3

2:00p Check-in & Registration  
6:00p Archbishop's Welcome Reception Hosted by His Eminence  
7:30p Opening Dinner at the Main Pool  
9:30p Hospitality Suite open

### Wednesday, November 4

8:00a Divine Liturgy at St. Spyridon Church  
9:30a Brunch & Archbishop's Forum  
11:30a Personal time  
Wellness/Fitness Consultations  
1:30p First Encounter: "Be Well"  
5:00p Second Encounter: "Be Real"  
7:30-9:30 Dinner in the Sunset Room  
9:30p Hospitality Suite open

### Thursday, November 5

7:00a Professional Fitness Sessions  
8:30a Breakfast & Panel: "Be Love"  
10:00-5:00 Adventures  
6:30p Sunset Reception and Dinner on Paradise Terrace  
9:30p Hospitality Suite open

### Friday, November 6

7:00a Professional Fitness Sessions  
8:30a Morning worship  
9:00a Breakfast & Wrap-up Session  
10:30a Depart

## Registration, Hotel & Pricing

### REGISTRATION

All registration for the Retreat is being done online. To access the registration and information site, visit: [apc.goarch.org/retreat](http://apc.goarch.org/retreat) There you will find all the information you need to know - airport information, details on Adventure options, retreat theme details, background information on our speakers and more.

### PRICING

Earlybird Registration for the Retreat is only \$325 per person through October 2, 2015. Register by then and you will also be entered in a drawing to win a free Samsung Galaxy Tab Pro 10.1 tablet - and the earlier you register, the better your chances to win! Starting October 3, the rate goes to \$375 per person. See website for Samsung Galaxy drawing rules, retreat pricing and refund policies.

### HOTEL

Great news: our Retreat Team has negotiated excellent prices at an awesome facility: Paradise Point. Book by October 2 and guarantee a low rate of only \$165\*/night for single or double occupancy (\*taxes additional). That's only about \$83\*/night if you share a room with a friend! Para-

dis Point Paradise Point Resort & Spa features comfortable bungalow-style rooms amidst, tropical gardens, tranquil lagoons, and one mile of sandy beach. Complimentary amenities in the "Passport to Paradise" include access to five pools, the on-site featured fitness center, in-room wired and wireless Internet, domestic calls and free self-parking. Reservations can be made online by visiting [apc.goarch.org/retreat](http://apc.goarch.org/retreat) or by calling the toll-free reservation system at 800.344.2626 and using the Group Code "Archdiocesan Presbyters Council". The discounted retreat rate is available for check-in as early as October 30 and check-out as late as November 9 for those who would like to enjoy additional time in San Diego.

**IMPORTANT NOTES:** The discounted hotel rate is available only to clergy who register and participate in the retreat events. Attendees who register but do not participate in the retreat will be charged full room rates. Also, this is a clergy-only event. Wives and families are welcome to be present for the three days before the retreat or the three days after, but are kindly asked to not be present on-site during the retreat itself.

register today at [apc.goarch.org/retreat](http://apc.goarch.org/retreat)



THE 2015 NATIONAL CLERGY RETREAT  
Archdiocesan Presbyters Council  
c/o Holy Trinity Greek Orthodox Church  
985 Providence Boulevard  
Pittsburgh, PA 15237  
412-366-8700

## APC 2015 NATIONAL CLERGY RETREAT

BE

BE WELL  
BE REAL  
BE LOVE

BE THERE NOVEMBER 3-6, 2015

Paradise Point • San Diego, CA Info at [apc.goarch.org](http://apc.goarch.org)

REGISTER EARLY AND SAVE!